EFRS Fidelity Rating Scale – Clinician Forms

Part 3 of the 5-part EMDR Fidelity Rating Scale Version 2

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The complete EFRS includes the Scoring Forms, Manual, Clinician Forms, Blank Workbook with embedded scoring calculator, and Sample Workbook. It can be found and downloaded at:

https://emdrresearchfoundation.org/research-grants/emdr-fidelity-rating-scale

EFRS Version 2 - Clinician Forms. 2018-10-01.

EMDR FIDELITY RATING SCALE

Single Session Summary (SSS) Form
Completed by the Clinician

Session # _____   Client/Participant# _____

Session Date:_____   Clinician Code: _____

| **To be completed by Rater**   Rater #:   Review Date: |

I. ❑ **Introductory (INTRO)**
- ❑ History–taking and Treatment Planning
- ❑ Preparation
- ❑ Safe/Calm Place Exercise

II. ❑ **Resource Development and Installation (RDI)** (optional)

III. ❑ **Adverse Life Experiences (ALE) Processing:**

○ Past - Target Title: _____

_____

○ Present - Target (Trigger/Symptom) Title: _____

_____

- ❑ Assessment (of new target)
- ❑ Re-evaluation (if previous EMDR trauma processing session)
- ❑ Desensitization
- ❑ Installation
- ❑ Body Scan
- ❑ Closure

IV. ❑ **Future Template (FT)**

⭘ Future – Target Title _____

Modifications to the Protocol

Did you modify the protocol?   ❑ No   ❑ Yes

If yes, please describe the nature of the modifications and your reasons for them.

_____
_____
_____
_____
_____
_____

Additional Comments:

_____
_____
_____
_____
_____
_____

Treatment Plan Tracking (TPT) Form
Completed by the Clinician

Client/Participant # _____ Clinician Code: _____ First Session Date: _____

Last Session Date: _____ Number of Sessions Completed _____

To be completed by Rater	Rater #:	Review Date:

This form provides space for a limited number of targets. If more targets are identified for Presenting Issue #1, use an additional Presenting Issue #1 form, indicating on the first form, "Continued on next page".

PRESENTING ISSUE #1							
TARGETS	Identified in Session #	Processed in Session #					
Past							
Past							
Past							
Past							
Present							
Present							
Present							
Present							
Future							
Future							
Future							
Future							

COMMENTS: _____

_____

This form provides space for a limited number of targets. If more targets are identified for Presenting Issue #2, use an additional Presenting Issue #2 form, indicating on the first form, "Continued on next page".

PRESENTING ISSUE #2						
TARGETS	Identified in Session #	Processed in Session #				
Past						
Past						
Past						
Past						
Present						
Present						
Present						
Present						
Future						
Future						
Future						
Future						

COMMENTS:

This form provides space for a limited number of targets. If more targets are identified for Presenting Issue #3, use an additional Presenting Issue #3 form, indicating on the first form, "Continued on next page". If additional Presenting Issues are identified, change the number on the form to read Presenting Issue #4, etc.

PRESENTING ISSUE #3							
TARGETS	Identified in Session #	Processed in Session #					
Past							
Past							
Past							
Past							
Present							
Present							
Present							
Present							
Future							
Future							
Future							
Future							

COMMENTS:

_____

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