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EMDR Intervention for Psychological Trauma Among Syrian Refugees

The recruitment status of this study is unknown because the information has not been verified recently.

Verified August 2013 by Istanbul Sehir University.
Recruitment status was Recruiting

Sponsor:
Istanbul Sehir University

Information provided by (Responsible Party):
Ceren Acarturk, Istanbul Sehir University

ClinicalTrials.gov Identifier:
NCT01847742

First received: April 21, 2013
Last updated: August 7, 2013
Last verified: August 2013
History of Changes

Purpose

To implement an **EMDR** (**Eye Movement Desensitization and Reprocessing**)intervention to treat the trauma symptoms among Syrian Refugees.

Condition	Intervention
Psychological Trauma	Behavioral: **Eye Movement Desensitization and Reprocessing** Therapy

Study Type: Interventional
Study Design: Allocation: Randomized
Endpoint Classification: Efficacy Study
Intervention Model: Parallel Assignment
Masking: Single Blind (Outcomes Assessor)
Primary Purpose: Treatment

Official Title: **EMDR** Treatment for Psychological Trauma Among Syrian Refugees in Kilis, Randomized Controlled Trial.

Resource links provided by NLM:

MedlinePlus related topics: Wounds and Injuries

U.S. FDA Resources

Further study details as provided by Istanbul Sehir University:

Primary Outcome Measures:

- score on Harvard Trauma Questionnaire (at the main study) [Time Frame: before and after the treatment,an expected average of 7 weeks of EMDR treatment] [Designated as safety issue: No]

  The change in HTQ score will be assessed after the EMDR treatment has finished after 7 weeks(estimated).

- Impact of Event Scale Revised (at the pilot study and the main study) [Time Frame: pre- and post treatment] [Designated as safety issue: No]

  The change in IES-R score will be assessed after the EMDR treatment has finished after 7 weeks(estimated).

Secondary Outcome Measures:

- score on HSCL for depressive and anxiety symptoms (at the main study) [Time Frame: before and after the treatment, an expected average of 7 weeks of EMDR treatment] [Designated as safety issue: No]

  The change in HSCL score will be assessed after the EMDR treatment has finished in 7 weeks in average.

- Score on BDI-II (pilot study and the main study) [Time Frame: before and after EMDR treatment, an expected average of 7 weeks of EMDR treatment] [Designated as safety issue: No]

  A change in BDI-II will be assessed after the EMDR treatment has completed in 7 weeks.

Estimated Enrollment:	80
Study Start Date:	April 2013
Estimated Study Completion Date:	February 2014
Estimated Primary Completion Date:	December 2013 (Final data collection date for primary outcome measure)

Arms	Assigned Interventions
Experimental: **EMDR** intervention 40 participants with trauma symptoms will be randomly assigned to treatment group and receive **EMDR** intervention for trauma symptoms.**EMDR** is a trauma focused therapy starts with resource development and continue with bilateral stimulation while working on the most troubling traumatic memory.	Behavioral: **Eye Movement Desensitization and Reprocessing** Therapy
No Intervention: Waiting List 40 participants with trauma symptoms will be randomly assigned to waiting list as the control group.	

Detailed Description:

In this project we aim to treat the posttraumatic stress disorder (PTSD) symptoms among Syrian refugees through an effective psycho-therapy technique called Eye Movement Desensitization and Reprocessing (EMDR). Randomly selected refugees will be assessed through MINI PLUS for the diagnose of PTSD. Eighty refugees with PTSD will be randomly allocated to either 7 sessions EMDR or wait-list control group.Symptoms of PTSD (MINI PLUS, HTQ, IES-R) and depression and anxiety (BDI, HSCL)will be assessed at pre- and post-treatment and 4 weeks follow-up.

However, to our knowledge this is one of the first intervention studies which will be conducted in a refugee camp. Therefore we expect to have some practical and logical problems. In order to see the feasibility and efficacy of EMDR among Syrian refugees, before the main study we aim to run a pilot study with less participants. In the pilot we will assess the posttraumatic stress symptoms with Impact of Event Scale-Revised (IES-R) and the depressive symptoms through Beck Depression Inventory (BDI-II).

Eligibility

Ages Eligible for Study:	18 Years to 65 Years (Adult)
Genders Eligible for Study:	Both
Accepts Healthy Volunteers:	No

Criteria

Inclusion Criteria:

- trauma symptoms

Exclusion Criteria:

- pregnancy
- current or past psychotic disorder
- current or past substance abuse or dependence
- serious physical illness
- active suicidal ideation

Contacts and Locations

Choosing to participate in a study is an important personal decision. Talk with your doctor and family members or friends about deciding to join a study. To learn more about this study, you or your doctor may contact the study research staff using the Contacts provided below. For general information, see Learn About Clinical Studies.

Please refer to this study by its ClinicalTrials.gov identifier: NCT01847742

Contacts

Contact: Ceren Acarturk, PhD 0090216444 4034 ext 9853 cerenacarturk@sehir.edu.tr

Locations

Turkey

Kilis Camp for Refugees **Recruiting**
Gaziantep, Turkey
Contact: Mustafa Cetinkaya, MA mustafacetinkaya80@gmail.com
Principal Investigator: Mustafa Cetinkaya, MA

Sponsors and Collaborators

Istanbul Sehir University

More Information

Responsible Party:	Ceren Acarturk, Assistant Professor, Istanbul Sehir University
ClinicalTrials.gov Identifier:	NCT01847742 History of Changes
Other Study ID Numbers:	2013/1No:4
Study First Received:	April 21, 2013
Last Updated:	August 7, 2013
Health Authority:	Turkey: Ethics Committee

Additional relevant MeSH terms:
Wounds and Injuries
Psychological Trauma
Stress Disorders, Traumatic
Trauma and Stressor Related Disorders
Mental Disorders

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