



Help the EMDR Research Foundation on

Giving Tuesday: December 1, 2015

***"We make a living by what we get; we make a life by what we give."***

***- Winston Churchill***

[Giving Tuesday](#) (December 1, 2015) can help us to bring the "THANKS" back into Thanksgiving. The season has been transformed by the creation of Black Friday and Cyber Monday into a shopping frenzy. Giving Tuesday is an opportunity to stop, to say thanks and to give back.

We ask you, our generous community, to consider giving to the EMDR Research Foundation on Giving Tuesday, December 1, 2015. In

[participating](#) on this day, you say "thank you" to Dr. Shapiro and all the researchers who have followed for giving birth to EMDR therapy and subsequently advancing knowledge and healing throughout the world.

You can honor a friend, a colleague, or a family member by participating on this day; you can also join the [Visionary Alliance](#) by using Giving Tuesday as your opportunity to be part of the future of EMDR therapy.

**Thank YOU.**

**We are grateful you are part of our EMDR therapy research family!**

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**DONATE**

STAY CONNECTED

