

ABOUT THE EMDR RESEARCH FOUNDATION

Founded, in 2006, the Foundation is a registered 501c3 dedicated to the promotion of quality, unbiased research in EMDR therapy. Since its inception, the Foundation has funded over \$330,000 in grants and awards for EMDR therapy research. By expanding the understanding and effective use of EMDR, ultimately the Foundation enhances the quality of life for people everywhere by facilitating healing, health, and wellbeing.

Our research funding priorities apply to research across the lifespan:

- **1st Priority - Advancing Evidence Based Practice:** Increase quality EMDR research in areas where we already have a foot-hold in the literature but where more evidence is needed. Specifically, the use of EMDR therapy to treat anxiety, depression, military PTSD, phantom limb pain, and recovery from the impact of cardiac events or cancer.
- **2nd Priority - Addressing the Global Burden of Trauma:** Investigate the use of EMDR in natural or man-made disaster responses by determining the effectiveness of the EMDR standard, early intervention, or group protocols.
- **3rd Priority - Building Clinical Evidence:** There are a number of areas where EMDR therapy is being used and shows promise with some research indicators of success. However, more research is needed to build a body of literature in these populations or diagnostic categories; for example, addictive and compulsive disorders, other medical/somatic conditions, dissociative disorders, and suicide prevention or its impact.

The Foundation offers financial support to assist in high quality EMDR Therapy research by offering 4 different types of awards: [\\$25,000 Research Grant](#), [Doctoral Dissertation Grant](#), [Research Consultation Award](#) and [Research Dissemination Travel Award](#).

The EMDR Research Foundation provides informational support to both researchers and clinicians via two [monthly e-newsletters](#)—a clinically oriented newsletter, plus *Military in Action*, a newsletter primarily for those clinicians working with military, veterans, and their families. The Foundation also offers the [Translating Research into Practice](#) articles published in the [Journal of EMDR Research and Practice](#), the [Researcher's Resource Directory](#), and the [EMDR Early Intervention and Crisis Response: Researcher's Toolkit](#).

YOU can help!

The EMDR Research Foundation is the only funding source solely dedicated to EMDR Therapy Research worldwide. The EMDR Research Foundation is an independent organization, supported by private donors, like yourself — EMDR therapy clinicians.

Donations are accepted through the [Visionary Alliance](#) recurring donor program and through one-time donations at <http://emdrresearchfoundation.org/donate/> or at <https://emdr.z2systems.com/np/clients/emdr/donation.jsp>.



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