

EMDR RESEARCH FOUNDATION

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The EMDR Research Foundation is not a part of EMDRIA; this article is published as a service to EMDRIA members.



The Best Time of the Year

The EMDRIA Conference is the best time of the year for the ERF's Board of Directors. This is the one time in the year we are able to see and talk with our generous donors in person. It is our opportunity to talk about what we have done and our plans for the future. Most importantly, it is our chance to personally say "thank you" for your support. We will once again have a booth in the exhibit hall at the Conference. Here you can visit us and learn about our progress over the last year. We also have badge ribbons for both our Visionary Alliance members and our annual donors. Wearing these ribbons sets you aside from the other attendees and signifies your commitment to supporting high quality EMDR research. We are looking forward to seeing all of you in Austin.

At the time of this writing, our Research Committee, under the direction of Tonya Edmond, Ph.D., is reviewing the applications submitted for the second funding cycle in 2013. We will know the recipient(s) by Conference time. The ERF Board is now considering other vehicles for funding EMDR research.

Serious consideration will be given to offering a large research grant (i.e., \$30,000 or \$40,000) to a qualifying applicant, in addition to the two funding cycles already in place. Also our Fund Development Committee under the direction of Dennis Hall is working with a grant writer to secure a partnership with other funding organization with similar missions. These decisions are important to further our mission, yet need appropriate deliberation to make the best fiscal decision. Stay tuned for more information on these decisions, as well as the updates on the research projects already funded.

Given only roughly 25% of EMDRIA members attend the yearly Conference, we want to increase the ways everyone can be involved, whether you attend or not. By now, you may have received an email or two from the ERF in which we are asking you to "Research the Facts." We are asking you to "Research the Facts" and answer three questions. Since the answers can be found on our website, it will provide an opportunity to learn about the ERF's website, our activities and provide a chance to win prizes from our generous vendors. Typically the opportunity to win one of the great prizes is offered only at the conference. However, this new initiative will allow you to be part of the fun whether or not you attend the conference. As you see in the emails, there are lots of great prizes to win and an online way to respond if you are not attending the conference. For those of you coming to Austin, you can submit your answers there and you will be given one free raffle ticket. If you have not gotten the email, please go to our website and sign up for our newsletter or write to info@emdrresearchfoundation.org and we will make sure you get on our list. Thank you for taking the time to "Research the Facts" and learn about the ERF in meantime.

Important announcement for our current Visionary Alliance Members:

I mentioned in my last article that our new donation system allows donors to make one-time and recurrent donations online. Given this is a new and updated donation system we need to integrate all our current Visionary Alliance members into it. All members received a personal email from me in the last few weeks, inviting you to register your membership on your own. When doing so, please make sure to choose the "Monthly" option rather than a single donation. If you have not done so, we ask that you take a few moments to do so at your earliest convenience. If not, someone from the Foundation office will be contacting you by phone to assist you in setting up your account. Or if you have any questions, please feel free to contact Angie Schlanger at 512.571.3637. We want to thank you for your support and patience during this important transition. ***New Visionary Alliance Members are always welcome!***

As I was putting the finishing touches on my newsletter article, I received an important email from Francine Shapiro. This newly released article, "Eye Movement Desensitization and Reprocessing (EMDR) as Treatment for Combat-Related PTSD: A Meta-analysis" in *Military Behavioral Health* concludes **that until more research is done, EMDR as first treatment of choice for combat-related PTSD should only be used if other treatment protocols have proven unsuccessful.** To read the complete article, please see the link at: http://www.tandfonline.com/eprint/X2FmNRFzTXkXc6emwDki/full#_UgAm3eD6pU1. This conclusion fully exemplifies the importance of your donations as well as the existence of the EMDR Research Foundation.

My closing sentiment of gratitude is more poignant in light of the above noted article. On behalf of the ERF's Board, I express my full gratitude to each of you for your sustained financial support of the ERF. We could not do it without you. Apparently, widespread acceptance of EMDR can't either. We recognize, and want to acknowledge just how vital your contributions are to funding high quality, unbiased EMDR research.

"If not us, who? If not now, when?" - Hillel the Elder ❖