



*Promoting the health and growth of human beings through the support of quality research, evidence-based practice and compassionate, well-informed clinicians.*

## EMDR Research Foundation: A Decade of Making a Difference

The EMDR Research Foundation is celebrating our 10th Anniversary. We are celebrating YOU, our loyal and generous donors, vendor donors, grant applicants and recipients, EMDR therapy researchers at large, volunteers who submitted TRIP articles, as well as all the completed studies and published results. The primary purpose of the Foundation is to support high quality EMDR therapy research. The goal of our **"EMDR Research Foundation: A Decade Of Making Difference"** 2016 fundraising campaign is to do just that.

Whether you will be in Minneapolis during our annual fundraising event or watching from the sidelines, you can be a part of that effort.



### Share a Selfie - Be Entered to Win a \$100 Amazon Gift Card!

Join us in celebrating the Foundation's 10th Anniversary by sharing how EMDR research has made a difference to you.

#### How to Enter:

1. Download and print the [Making a Difference Paper](#).
2. Write your thoughts and take a selfie with your paper.
3. Share your selfie on the Foundation's [Facebook](#) or [Twitter](#).

*Winner will be announced at this year's EMDRIA Conference in Minneapolis. Do not have to be present to win.*

## Help Us Exceed Our Expectations

To mark the 10th Anniversary of the EMDR Research Foundation, our goal is to raise at least \$10,000. We aspire to sign up a record number of new Visionary Alliance members this year. If you are already a monthly donor, please consider raising your pledge by \$10 a month. By joining the Visionary Alliance or increasing your monthly donation by \$10 between now and August 27 at 11:59PM you will be eligible for a special drawing of excellent prizes.

Join the Visionary Alliance [online](#) or increase your current pledge by contacting Kristen Whaley, ERF Staff, at 512-992-1214 or [kristen@emdrresearchfoundation.org](mailto:kristen@emdrresearchfoundation.org).

**These contributions and your continued support  
will make more of grant awards possible.**

Another way to participate is to consider a tribute gift of \$100, \$1000 or \$10,000 in the name of a loved one, friend or colleague, or simply in the name of EMDR therapy research. Thank you for your consideration.

## Raffle for Research

Once again, our incredibly loyal and generous donors are participating in this effort. So far we have over \$10,000 in prizes and we aren't done yet! Here is preview of the prizes and the donor's websites. Check them out! Support their efforts and show your appreciation. If you choose to purchase something from them, please mention that you are appreciative of their support of the EMDR Research Foundation and EMDR therapy research. If you go to their booths, please do the same. Without them, this process would be much more difficult.

**Incredible Vacation Time Share Week - Winner's Choice** (Valued up to \$2000)

\* Cynthia Kong & Gerald Puk (Some Restrictions Apply)

**Lifetime entry to Business School Bootcamp for Therapists** (Value of \$1750)

\* [ZynnyMe, Inc.](#)

**Certification Package, Winner's Choice** (Value: \$1395)

\* [EMDR Consulting: Roy Kiessling](#)

**Professional Training - Winner's Choice** (Value: \$1200)

\* [Onsite Workshops](#)

**Deluxe light bar** (Value: \$639)

**Basic Tac/Audio** (Value: \$129)

\* [Neurotek Corporation](#)

**Advanced Specialty Workshops, Winner's Choice** (Value: \$375)

\* [EMDR Institute, Inc.](#)

**emWave Pro Software Package** (Value: \$299)

\* [HeartMath LLC](#)

**Two 1-Year [EMDR Therapist Network](#) Membership** (Value: \$228 each)

\* Inner Courage, LLC (Winner must be a fully trained therapist in good standing with their licensing boards)

**Distance Learning Program, Winner's Choice** (Value: up to \$171)

\* [Trauma Institute & Child Trauma Institute](#)

**Relaxation Gift Package** (Value: \$75)

\* [BioMat Sales](#)

**Selected Items from Bookstore** (Value: \$100)

**Two - Gift Certificate** (Value: \$50 each)

\* [Mentor Books](#)

**Expressive Arts Package** (Value: \$50)

\* [Institute for Creative Mindfulness](#)

**Book or Gift Card** (Value: TBD)

\* [Ross Institute](#)

**A Complete Set of 2016 EMDRA Conference Recordings**

(Value: \$159 at conference/\$199 after conference)

\* [Convention Media Solutions](#)

Please visit us at our booth in Exhibit Hall at the EMDRIA Conference in Minneapolis this year. In addition to the badge ribbons for our donors, with a special one for Visionary Alliance members, to wear with pride and satisfaction, we will distribute our special anniversary pin AND an inspirational poster for your waiting rooms. Raising awareness of the Foundation and our mission is our #1 goal! What better place to do that but clinician's offices--where transformation through EMDR therapy happens. We look forward to seeing all of you in Minneapolis.

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EMDR Research Foundation, 401 West 15th Street, Suite 695, Austin, TX 78701

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